

Zapp's Signature Dimension Diagram

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- ❖ **3 Dimensional**: we only use about 5 to 10 percent of the brain's capacity to play the 3D game. The aptitude of the brain is way broader than we give it credit for. We don't even do it justice, honestly. There is so much more territory undiscovered. "Guided missiles but, misguided men," MLK Jr. said. *There's an array of interpretations there.* By now, we should be way more advanced & evolved. It's high time we start exercisin' the ole noggin, usin' the ole noodle, lighting up the ole medulla oblongata *proper*. 3D consciousness rides on the physical/mental/material plane. It is the belief that we are "separate" beings. It is the "me" mentality. It's almost jokingly comparable to "the world is flat" mentality.
- The karmic wheel. The belief in sin, sickness, suffering, illness, disease & that death is final.
 - The push/pull of duality-opposites-polarity. 3D is the land of control dramas.
 - The blame game; victim mentality; competition; comparison; survival of the fittest; dog eat dog; *us versus them*; class warfare.
 - Height, width & depth perception; measurement; linear time & space.
 - Time constraints; anxiety or obsession over past or future. Belief that time & resources are limited &/or running out. Belief in the calendar. Belief in deterioration & aging.
 - Rules; mental rigidity; left brain; rational mind; conditional "love."
 - Unconscious judgment, programming, beliefs & conditioning; default habits; preconceived notions; being manipulated, influenced or controlled by the status quo, the monkey mind, outer circumstances or others.
 - Reliance or dependence on outside sources, data, substances or other people for happiness, peace, joy, guidance or decision making; codependence.

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- Emotional responses or *reacting* from a place of fear/lack/limitation/scarcity. **Belief** in lack, limitation or scarcity. Fear-based thinking; poverty consciousness.
- ❖ **4 Dimensional:** 4D has a lower part & a higher part if you were to imagine it on a scale. The **higher 4D realm** is the closest to 5D & is a gateway to it. The higher 4D realm provides a greater sense of ease, possibility and capability than the structures of the 3rd dimension & lower 4D. All mental and emotional baggage from the 3D & lower 4D must be left at the door to the higher 4D realm. In other words, by the time a person is airing on the side of embodying the higher 4D realm... they will have healed demons & grown past the *phase of forgiveness*. Karmic debt will likely be paid. Whereas... the **lower realm of 4D** is an etheric, what they call “astral” plane where many miscreations do thus exist, where distorted realities play out & ghosts get stuck, essentially. Both *Benevolent & Malevolent* beings coexist there. In religious literature it's called Purgatory or Limbo. It's where “attachments” live. This part of 4D is just an advanced version of the dreck of 3D, if ya ask me. Winston Churchill famously said: “if you are going through hell... *keep going*.” Touché.
- *The higher 4D realm* is the ever-present NOW moment, as opposed to a linear timeline or timetable; It is awareness of the idea of eternity & infinite possibility, life after death, the astral plane, & reincarnation.
- *The higher 4D realm* is prosperity consciousness, tapping into pure potentiality, belief in abundance & unlimited supply.
- *The higher 4D realm* is the right brain imaginative & creative faculties from which *inspired* thought & action stem.
- *The higher 4D realm* is *responding* responsibly according to the greater good, as opposed to **reacting** from the *fight or flight amygdala* part of the brain.
- *The higher 4D realm* is the **power of choice**, as opposed to default conditioned behavior.

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- *The higher 4D realm* is the **flexibility of paradox** as opposed to right & wrong rigid definitive concepts that *never change* or contradict each other.
 - *The higher 4D realm* is the mastering of our thoughts & feelings, deliberate creation, manifesting skills. It is being conscious of karma, the Law of Attraction & all Universal Laws.
 - *The higher 4D realm* is owning our personal responsibility to the cause & effect we create in our lives & those we affect & influence.
 - *The higher 4D realm* is the AWARENESS of energy & of how everything has an auric field. We are conscious of the environment, conscious of nutrition, & conscious of the health & wellbeing of us & the Planet. We are thus *empathic* to our bodies, others, nature, children, animals, pets, plants. We are conscious of what we are **consuming** upon *every level*.
 - *The higher 4D realm* is being in a conscious state of interconnectedness to all life. It is the experience of unconditional love of self & others. It is having highly developed intuitive & empathic abilities.
- ❖ **5 Dimensional:** 4D consciousness will not be a long-term option after *The Shift* of clearing the rigid structures of 3D consciousness. The 4th dimension is merely serving as an essential, but short-term trampoline or vibrational springboard from which we will all enter the 5D consciousness. **5D is the target for Earth and all its inhabitants.** But, we can only enter the 5th dimension after we become masters of our thoughts and feelings in **the higher 4D realm**. In other words, the garden of our mind must be groomed & cultivated according to the highest good of us *and* others. The *thought reprogramming* “work” must prove to be effective. We must have the *skill of mindfulness* down pat, knowing full well that what we think & say COUNTS to the highest degree.
- The 5th dimension is us operating from a place of wholeness, completeness, authentic connection to all living beings down to

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the most miniscule molecule. Love & compassion for all, reigns supreme. ***All life*** is sacred. No meat eaters here.

- **Time** in 5D is an eternal quantum zero-point infinite field of pure potentiality where EVERYTHING is possible. In this state, faith ***really does*** move mountains. The time/space continuum can be manipulated because past, present & future are concurrent here.
- In 5D, we focus our *attention* and the answer or experience is given to us exactly when & where we focus. *Ask and you shall receive*. Hence, what you would call “miracles.” **Loaves & fishes multiply** with ease & grace in a space of this caliber.
- When you are vibrating in 5D consciousness, you do not create with form or *brute force* as you do in the 3rd & lower 4th dimensions, you create with light, light patterns & light frequencies. One can apply sound, color or geometric shapes to alchemize reality. Life becomes a playground of energetic waveforms. Think magical civilizations of Atlantis & Lemuria. Think multidimensional pyramid technology. Think telepathy.
- 5D allows us to consciously interact with the Creator & all the Beings of Light, Angels, guides, elementals, Ascended Masters, etc. Our 5D vibrational context is a match to these beings & thus we can choose to have a proactive conscious correspondence with them.
- In this heightened consciousness, the rational mind plays a minimal role. The “rules” of rational reality do not apply. We go beyond the veil of illusion & the *limitations* of physical/emotional planes. No longer does fear dominate our decision making. We operate on the basis of what’s best for the whole, the greater good... “Unity Consciousness” is an actual mode of operation.
- We are conscious breathers of Prana Life Force energy in this 5D realm of conscious experience. This provides us with the sacred sustenance of TOTAL TRUST.

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- 5D is the **Divine Union** of the heart & mind, as opposed to them being at odds in that infamous inner battle of “good & evil.” 5D is the zero point of gravity where **perfect balance** streams. Here, no-nonsense infinite possibility is all there is.
- This is the Zen zone of true freedom from any & all “attachments.” The 5th dimension is a **level of consciousness** that we move into after **self-realization** or the realization of our GOD SELVES has occurred. Your realization of the infinite, eternity of the “I Am” presence *that is you*, is what makes all things possible beyond finite 3D consciousness.

*Plucked from the book: “God’s 21st Century: How the Soul Rises to Power (part 2 of the “Thee Trilogy of the Ages” series) available Here: <https://www.amazon.com/dp/B099YVGKV1>

All platforms: <https://books2read.com/u/3GrXrP>

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Meet Her



Jenay Zapp is a Starseed who is a skilled technician when it comes to scattering the ashes of yesteryear. She is your trusted source for all things happy, healthy, healing, wise, 5D, New Earth & the Golden Age of humanity. Leading people to the "Promised Land," she is an avant-garde provocateur of righteousness, a proactive agent for the greater good, a changemaker, lightworker, cosmic conduit & prosperity conscious activist. Her work simply cannot be ignored!

She has been to hell & back, love, lost, endured, rebounded, fell, crashed, burned, came out swinging, scrambled to stay alive & survived by the skin of her teeth (several times), so being a proactive agent for the greater good actually *means something*. She came from a place of total despair, depression, defeat, anguish, anger & issues. To now be *here*, is an incredible accomplishment.

Her books are channeled, edgy, fun, entertaining, nostalgic, & relatable. Simultaneously, they are instrumental regarding human evolution, enlightenment, & deep spiritual transformation. Revolutionary characters, such as this, show up to help us crack codes, cut cords & move on triumphantly, with bells on.

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Follow her & LEAVE REVIEWS!

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- www.linkedin.com/in/bookonfireblog
- Liquid Soul Blog Cast: www.anchor.fm/jenay-zapp

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Meet Her Books

Thee Trilogy of the Ages (3 book series)

Circa 21st Century

World events like pandemics, wars & genocides DO NOT just happen by accident, without a significant lesson to be metabolized by the collective, upon a fundamental level, due to a serious need for spiritual growth and evolution. Falling on deaf ears is not an option here.

We are being summoned by our souls to grow past all the missteps and miscreations of our ancestors. Old, outdated programs, paradigms & expired Belief Systems (B.S.) are no longer relevant or beneficial and simply do not serve us anymore. What worked before, does not now. *The thrill is gone*, and it is time to let go and move on.

This *Sacred Trilogy* will revolutionize the way you perceive life, people, your reality, the way you make your bed and fix your tea. The whole entire ocean of awareness that these books offer is hands down, nothing short of game-changing. Like when that ship comes in with your name on it, in one fell swoop, you become liberated. This 3-part series is a fantastic compact wild ride through the past, present & future of US, *the human species*. Thee Trilogy of the Ages is an official riveting record of a pre-pandemic, mid-pandemic & post-pandemic world.

→ *Book 1/The Decline of Civility: America's Fall from Grace* (Est 2019)

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***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=B09B1LZZHR>

Author Note: Released in the preposterous political shitshow of circa 2019, BOOK 1 in “Thee Trilogy of the Ages” series, you really don’t want to sit this one out. The material presented here is an uncensored account of all that has been suffocating the human spirit for centuries. “We can’t breathe,” is an understatement. The heart of Mother Earth is a pin cushion. This reckoning of our species needs no introduction. This book exposes ALL OF IT. What are you waiting for?

→ *Book 2/God’s 21st Century: How the Soul Rises to Power*
(Est 2020)

***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=B09B1JTTVF>

Author Note: Unleashed early in 2021 right alongside its twin sister, Age of Aquarius. Riveting as all get out, the material presented here will rock your world & the next ten people you come into contact with. It is BOOK 2 in the “Thee Trilogy of the Ages” series, so be sure to click on the series link & read all about what that means. Be a smart shopper & buy this book TODAY. *Namaste*

→ *Book 3/Pandora's Box Is Burning: Humanity's Final Frontier* (Est 2021)

***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=B09NRF29GF>

Author Note: (released 12/21/21) There are two kinds of people in this world: the **dreaming** & **awake**. If you are awake or *want to be*, keep reading. This is a clarion call to YOU.

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This book is for all generations & demographics on American soil & worldwide. We are all one species: **human beings**. This is for the "Truthers," the Doomsday Theorists, folks who inherently *question authority*. This is especially for those... painstakingly crawling out of the traps of **religiosity** to seek solace in the safe haven of sovereign spirituality. This is for all those who would just like to know what *in the ham sandwich* (lol) is going on with humanity, our world & the state of our union *or not*. This book will help ANYONE navigate this thing called life much smoother & with **a real advantage** that will never fade or falter. Your best version awaits!

Not to be a buzz kill, but the mass devastation we currently see taking place on the world stage: war, division, conflict, corruption; crime, injustice, poverty, illness, disease; pollution, wildfires, twisters, death, destruction & disaster... is all just the PURGING of a long lineage of UN-grace, if you will. There is no other way to rid the planet of it, than to draw it to the surface for release, to be transmuted to light. Any stuck pattern & program must unearth in order to be gone for good. Make sense?

THIS is what "Pandora's Box is Burning" means. The future of our species *depends on it*. The burning of Pandora's Box is the catalyst for **Humanity's Final Frontier**, which is... **World Peace**, *Ahimsa* & the law of the land becoming LOVE. *No need for alarm*, this is the stage in human evolution where everything is coming to a head *on purpose*, to be cleared or burned into the fire of transmutation, so PEACE can be possible. Man's turning point, is GOD'S TURN.

→ **Porn: A Hard Look:** *There's More Than Meets the Eye*
(Est. 8/8/22) audiobook now avail

*REVIEW this book HERE:
<http://www.amazon.com/review/create-review?&asin=B0B9151VPC>

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Saying out loud what most people are afraid to say... the voice of this book **owns it**. Rest assured, you'll miss out if you don't get yourself a copy PRONTO.

Yip... its niche is pretty much EVERYONE. Men will love it. Women will adore it. It is a must-have for all genders & those simply looking for answers or guidance. Folks of all ages (over 18) will thoroughly 100% get kick out of this badass exemplary erotic expose.

Not to mention, there are some saucy bonus slideshows included.

CURIOUS? That's what I thought.

→ **The Devil's in the Details: *The Untold Stories That Made Me Brave*** (Est. 12/21/21)

*REVIEW this book HERE:
<http://www.amazon.com/review/create-review?&asin=B09VS9Q5ST>

Who doesn't like a little tumultuous tale every now & then?

It's not every day you get to listen to a **true story** about the incredible golden gumption of the human spirit, & how it can, indeed, **beat defeat**. We all have a special place in our heart for "Rocky Balboa," don't we? We all love a little underdog story. *Besides*, who doesn't daydream about the good old rotary phone days of mixed tapes & mosh pits, when times were much more... NOT pandemic?

Welcome to this personal plight... may you marvel at the courage & candor, the art of recollection, the courtesy of a proficient execution, the charismatic way she draws you in. You will see what "speaking your truth" looks like, & witness how it lands for everybody involved, no matter what the uncomfortable cost. On the flip side, *strap in...* for an amusing, fun wild ride down the memory lane of the... oh so enchanting, 80s & 90s.

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An unbridled venture back in time, this provocative **full circle moment** is a tell-all account of the author's unorthodox passage through the halls of humanhood. Somehow, it all makes perfect sense even *when it doesn't*. Through the darkest hour, the promise of perseverance prevails. Children, indeed, are the future, & *how we treat them... makes or breaks our world*. This is a book about forgiveness & complete freedom for **all of us**, no matter what eats you up inside or how deep the cut.

*Autobiography/Self-empowerment/Holistic Healing/Addiction
Recovery/Transformation/Ahimsa/Family Values*

→ **The Age of Aquarius: A Practical Guide To Bringing 5D Alive** (Est. 2020) (audiobook now available)

***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=B08TQ7F2CB>

Author Note: Released early in 2021, this book is absolutely necessary for humanity to grow & advance full speed ahead toward & within the New Renaissance or Golden Age of Man we are currently merging with. Do not wait one more single solitary second to dive into this mind-altering material. This comprehensive jackpot of Immaculate Intel will change the game for you. *Jump in!*

→ **Magnetic Prosperity: A Survival Guide for a Mad Mad World** (Est. 2018)

***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=0692998446>

Author Note: This wild ride is the second book I ever published & was unleashed over two years ago. It is noisy, bratty, bold with no holds barred & was inspired by all the folks that were once so relevant in my

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life. Now, they are... not so much. Life goes on. People move away. Connections fade. We all change. I changed 100% from back then. However, it certainly does not discount the fact that this book contains timeless wisdom & advanced knowledge way ahead of its time.

Poverty Consciousness has been a streaming, live & active program running within the hearts & minds of all the people who have thus been branded with the Status Quo's incessant propaganda since birth. It is TIME to reclaim our Divine birth right to be PROSPERITY CONSCIOUS, abundant, connected to wealth, fortune & favor by a default gear. This book will show you how that is possible & give you indispensable TOOLS. Don't miss this opportunity to get your THRIVE on! Tap link to view or buy. You owe it to yourself to at least check it out. *Namaste*

→ **The Book of Beautiful Feelings: *Thee Quintessential Guide To Deliberate Creation*** (Est. 2016)

***REVIEW this book HERE:**

<http://www.amazon.com/review/create-review?&asin=B096TRVHTD>

Author Note: Originally stirred up around 2013 on scrap paper & juice-stained journals, this book finally came to fruition in 2016 after a raucous ride. I am pleased to say it was the very first book I authored & independently published. It contains a rather distinct version of my harrowing life story, not for the faint of heart. However, the pages thereafter are a delightful peruse down the endless isles of imagination leading to all the many ways that ANYONE can heal their demons, if you just invite them in for a little sweet tea. *Namaste*

*Follow my **Amazon Author Page** & never miss a beat!
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God, Grant me the
Serenity
to Accept the Things
I Cannot Change
Courage
to Change the Things
I Can & the
Wisdom
to Know the Difference

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